**Week 1**

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| **Day** | **Lunch** |
| **Mon** | Creamy chicken kormaOrCreamy chickpea kormaServed with coconut rice, baby spinach, broccoli, baby corn and sugar snap peasBanana and mango ripple cakeFSA Allergy List 2, 4, 14 |
| **Tue** | Poached Pollock in a butternut squash and watercress sauceOrQuorn in a butternut squash and watercress sauceServed with penne pasta, peas and sweetcorn and home-made breadNeapolitan shortbreadFSA Allergy List 1, 2, 4, 5, 7 |
| **Wed** | Summer pork and apple stew finished with fresh herbsOrButter bean and roasted root vegetables stew finished with fresh herbsServed with sautéed potatoes and seasonal vegetablesJelly and custardFSA Allergy List 1, 7, 14 |
| **Thu** | Middle eastern lamb meatballs in a tomato and Cumin sauceOrMiddle eastern Lentil and pepper meatballs in a tomato and Cumin sauceServed with vegetable, rice and homemade flatbreadLemon and lime Madeira cakeFSA Allergy List 1, 2, 4, 14 |
| **Fri** | Beef BologneseOrMinced Quorn BologneseServed with linguini pasta, fresh seasonal vegetables and Home-made focaccia breadStrawberry yoghurtFSA Allergy List 1, 2, 7 |

**Week 2**

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| **Day** | **Lunch** |
| **Mon** | Poached fish topped with a tomato and dill crustOrQuorn fillet topped with a tomato and dill crustServed with new potatoes, Peas and corn and a parsley mayo dip Pumpkin and apple cakeFSA Allergy List 1, 2, 4, 5 |
| **Tue** | Lamb and sweet potato keemaOrBack bean and sweet potato keemaServed with coloured rice, Seasonal vegetables and an apricot flatbreadApple raspberry jellyFSA Allergy List 2, 14 |
| **Wed** | Turkey in an Alfredo sauce OrHaricot bean and courgette in an Alfredo sauce Served with penna pasta, and petit pois, broccoli, carrots, cauliflower and fine beansApple and cinnamon cookiesFSA Allergy List 1, 2, 4, 7 |
| **Thu** | Glazed gammonOrLentil veggie loafServed with Steamed new potatoes, fresh vegetables and homemade gravyPear and blueberry crumble cakeFSA Allergy List 1, 2, 4 |
| **Fri** | Creamy lemon and garlic chicken OrCreamy lemon and garlic Quorn Served with braised rice, crinkle cut carrots, broccoli, cauliflower and peas Viennese swirlFSA Allergy List 1, 2, 5, 7 |

**Week 3**

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| **Day** | **Lunch** |
| **Mon** | Home-made pork and oregano sausages OrSweet potato, pumpkin and lentil sausages Served with roasted new potatoes, seasonal vegetables and a home-made gravy Apple and raspberry cake FSA Allergy List 1, 2, 4 |
| **Tue** | Chicken cacciatore OrQuon cacciatore Served with dressed spaghetti pasta, seasonal vegetables and a black olive and rosemary focaccia breadBanana cookiesFSA Allergy List 1, 2, 4 |
| **Wed** | Lamb and beetroot patties OrChickpea and beetroot patties Served with oven baked potato wedges, peas, corn and a tomato dipOrange and blueberry spongeFSA Allergy List 1, 2, 4 |
| **Thu** | Chunky Beef chilli con Carnie OrChunky Quorn chilli con Carnie Served with rice, broccoli, carrots, green beans and a tortilla crispSummer berry JellyFSA Allergy List 1, 2, (vegetarian 4) |
| **Fri** | Lemon and dill panko topped fishOrHalloumi topped with a garlic panko crumb Served with buttered potatoes, seasonal vegetables and aHomemade child friendly Tartare sauceChocolate and courgette cakeFSA Allergy List 2, 4, 5 |

**Week 4**

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| **Day** | **Lunch** |
| **Mon**  | Chunky beef ragu with Roasted cherry tomatoes and basilOrRoasted red pepper and lentil raguServed with herby parmentier potatoes, broccoli, green beans, carrots and sweetcornRhubarb crumble cakeFSA Allergy List 1, 2, 4 |
| **Tue** | Lamb tangerine with dates and apricotsOrChickpea tangerine with dates and apricotsserved with cous cous, seasonal vegetables and flat breadBlueberry ripple yoghurt potFSA Allergy List 2, 7, 14 |
| **Wed** | Chicken, sweet potato and spinach curry OrQuorn, sweet potato and spinach curry Served with caramelized onion rice, broccoli, cauliflower, baby corn and sugar snap peasOrange and apricot cookies FSA Allergy List 2, 4, 7 |
| **Thu** | Pollock in a creamy rocket and parsley sauce OrEdanane beans and roasted tomatoes in a creamy rocket and parsley sauce Served with sautéed new potatoes, peas, corn and a tomato focaccia breadBanana and date spongeFSA Allergy List 1, 2, 4, 5, 7 |
| **Fri** | Turkey ala king OrVegetarian ala king with pimento beans Served with dressed fusilli pasta and seasonal vegetablesStrawberry jelly potFSA Allergy List 1, 2, 7 |