**Week 1**

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| **Day** | **Lunch** |
| **Mon** | Turkey Dhansak with lentils and baby spinach orQuorn Dhansak with lentils and baby spinach VEGserved with caramelised onion rice, broccoli, cauliflower, sugar snap peas and a Homemade Naan breadStrawberry and Raspberry jellyFSA Allergy List 2,14 |
| **Tue** | Golden potato topped Lamb hotpot or Golden potato Roasted root vegetable and cannellini Hotpot VEGserved with a medley of vegetables and a homemade gravyOrange and poppyseed madeira FSA Allergy List 1,2,7,9 |
| **Wed** | Creamy Beef Stroganoffor Quorn Stroganoff with sliced Mushrooms VEG served with braised Rice, Carrots, Broccoli and CauliflowerCherry Jammy DodgerFSA Allergy List 1,2,4,7,9 |
| **Thu** | Chicken Carbonara with fresh parsley and Smoked Garlicor Garlic Parmesan and Cauliflower balls Carbonara with fresh parsley and Smoked Garlic VEG served with a selection of vegetables and dough ballsBanana Custard Pot FSA Allergy List 1,2,7,9 |
| **Fri** | Homemade Fish Fingers or Homemade Halloumi Fingers Served with Oven Baked Wedges, Peas and SweetcornApple and Rhubarb CupcakesFSA Allergy List 1,2,4,5,7,9 |

**Week 2**

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| **Day** | **Lunch** |
| **Mon** | Beef Stew or Chunky Quorn Stew VEGserved with Dumplings, Potatoes and Seasonal Vegetables Marbled Chocolate Orange CookiesFSA Allergy List 1,2,9 |
| **Tue** | Sun-dried Tomato and Olive Crusted Fish or Sun-dried Tomato and Olive Crusted Halloumi VEGserved with Dressed Linguine, Carrots, Broccoli and PeasApple and Blueberry Jelly PotFSA Allergy List 1,2,5,9 |
| **Wed** | Chicken Chasseur or Quorn Chasseur VEGserved with Braised Rice, Seasonal vegetables and Chunky Bread Carrot Cake with Cream Cheese toppingFSA Allergy List 1,2,4,7,9 |
| **Thu** | Indonesian Pork Rendangor Indonesian Paneer Rendang VEGserved with Asian style Noodles, Baby Corn, Mangetout and Sugar SnapsVanilla Panna Cotta Crumble Pot FSA Allergy List 1,2,7,9 |
| **Fri** | Italian Lamb Meatballs in an Arrabiata Sauce or Lentil and Parmesan balls in an Arrabiata Sauce VEGserved with a Warm Roasted Potato Saladwith seasonal vegetablesViennese whirls  FSA Allergy List 1,2,9 |

**Week 3**

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| **Day** | **Lunch** |
| **Mon** | Lamb Tagineor Quorn Tagine VEGserved with Jewelled Cous Cous, Seasonal Vegetables and FlatbreadGingerbread Cake Allergy List 1,2,4,9 |
| **Tue** | Pork, leek and Marmite Sausages or Sweet Potato, Lentil and Mozzarella Sausages VEGserved with Potatoes, Seasonal Vegetables and Onion GravyShortbread FingersFSA Allergy List 1,2,7,9 |
| **Wed** | Poached Fish in a Rocket, Watercress and Spinach Sauceor Quorn in a Rocket, Watercress and Spinach Sauce VEGServed with Saute Potatoes and Seasonal VegetablesSticky Toffee Custard PotFSA Allergy List 1,2,4,5,7,9 |
| **Thu** | Chicken Massamanor Paneer Massaman VEGserved with Coconut Rice and Seasonal Vegetables VEGBramley apple and parsnip cake  FSA Allergy List 1,2,7,9 |
| **Fri** | Beef Bolognaise or Quorn Bolognaise VEGserved with Spaghetti and Seasonal VegetablesHomemade Oaty BarsFSA Allergy List 1,2,9 |

**Week 4**

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| **Day** | **Lunch** |
| **Mon**  | Traditional Fish Pieor Creamy Quorn Pie VEG served with Cheesy Mashed Potatoes Peas and SweetcornMango Jelly PotFSA Allergy List 1,2,5,7,9 |
| **Tue** | Cuban Beef or Sweet Potato, Roasted Pepper and Chickpea Balls VEGserved with Rice, Seasonal Vegetables and Tortilla CrispChocolate and Zucchini cake FSA Allergy List 1,2,4,7,9,14 |
| **Wed** | Roast Chicken or Roast Quorn Lemon and Thyme Fillets VEGserved with Roasted Potatoes, Seasonal Vegetables, Cranberry and Orange Chutney and Homemade GravyApple and Sultana CookiesFSA Allergy List 1,2,9 |
| **Thu** | Spiced Lamb & Apricot Sausageor Red Leicester & Pumpkin Sausage VEGserved with Parmentier Potatoes, Seasonal Vegetables and a Homemade Tomato SauceCreamy Rice Pudding with a Fruit CompoteFSA Allergy List 1,2,7,9,14 |
| **Fri** | Turkey Fricassee or Quorn Fricassee VEG served with Penne Pasta with Petits Pois and Seasonal VegetablesLemon Drizzle CakeFSA Allergy List 1,2,4,7,9 |