**Week 1**

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| **Day** | **Lunch** |
| **Mon** | Turkey Dhansak with lentils and baby spinach  or  Quorn Dhansak with lentils and baby spinach VEG  served with caramelised onion rice, broccoli, cauliflower, sugar snap peas and a Homemade Naan bread  Strawberry and Raspberry jelly  FSA Allergy List 2,14 |
| **Tue** | Golden potato topped Lamb hotpot  or  Golden potato Roasted root vegetable and cannellini Hotpot VEG  served with a medley of vegetables and a homemade gravy  Orange and poppyseed madeira  FSA Allergy List 1,2,7,9 |
| **Wed** | Creamy Beef Stroganoff  or  Quorn Stroganoff with sliced Mushrooms VEG  served with braised Rice, Carrots, Broccoli and Cauliflower  Cherry Jammy Dodger  FSA Allergy List 1,2,4,7,9 |
| **Thu** | Chicken Carbonara with fresh parsley and Smoked Garlic  or  Garlic Parmesan and Cauliflower balls Carbonara with fresh parsley and Smoked Garlic VEG  served with a selection of vegetables and dough balls  Banana Custard Pot  FSA Allergy List 1,2,7,9 |
| **Fri** | Homemade Fish Fingers  or  Homemade Halloumi Fingers  Served with Oven Baked Wedges, Peas and Sweetcorn  Apple and Rhubarb Cupcakes  FSA Allergy List 1,2,4,5,7,9 |

**Week 2**

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| **Day** | **Lunch** |
| **Mon** | Beef Stew  or  Chunky Quorn Stew VEG  served with Dumplings, Potatoes and Seasonal Vegetables  Marbled Chocolate Orange Cookies  FSA Allergy List 1,2,9 |
| **Tue** | Sun-dried Tomato and Olive Crusted Fish  or  Sun-dried Tomato and Olive Crusted Halloumi VEG  served with Dressed Linguine, Carrots, Broccoli and Peas  Apple and Blueberry Jelly Pot  FSA Allergy List 1,2,5,9 |
| **Wed** | Chicken Chasseur  or  Quorn Chasseur VEG  served with Braised Rice, Seasonal vegetables and Chunky Bread  Carrot Cake with Cream Cheese topping  FSA Allergy List 1,2,4,7,9 |
| **Thu** | Indonesian Pork Rendang  or  Indonesian Paneer Rendang VEG  served with Asian style Noodles, Baby Corn, Mangetout and Sugar Snaps  Vanilla Panna Cotta Crumble Pot  FSA Allergy List 1,2,7,9 |
| **Fri** | Italian Lamb Meatballs in an Arrabiata Sauce  or  Lentil and Parmesan balls in an Arrabiata Sauce VEG  served with a Warm Roasted Potato Salad  with seasonal vegetables  Viennese whirls  FSA Allergy List 1,2,9 |

**Week 3**

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| **Day** | **Lunch** |
| **Mon** | Lamb Tagine  or  Quorn Tagine VEG  served with Jewelled Cous Cous, Seasonal Vegetables and Flatbread  Gingerbread Cake  Allergy List 1,2,4,9 |
| **Tue** | Pork, leek and Marmite Sausages  or  Sweet Potato, Lentil and Mozzarella Sausages VEG  served with Potatoes, Seasonal Vegetables and Onion Gravy  Shortbread Fingers  FSA Allergy List 1,2,7,9 |
| **Wed** | Poached Fish in a Rocket, Watercress and Spinach Sauce  or  Quorn in a Rocket, Watercress and Spinach Sauce VEG  Served with Saute Potatoes and Seasonal Vegetables  Sticky Toffee Custard Pot  FSA Allergy List 1,2,4,5,7,9 |
| **Thu** | Chicken Massaman  or  Paneer Massaman VEG  served with Coconut Rice and Seasonal Vegetables VEG  Bramley apple and parsnip cake  FSA Allergy List 1,2,7,9 |
| **Fri** | Beef Bolognaise  or  Quorn Bolognaise VEG  served with Spaghetti and Seasonal Vegetables  Homemade Oaty Bars  FSA Allergy List 1,2,9 |

**Week 4**

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| **Day** | **Lunch** |
| **Mon** | Traditional Fish Pie  or  Creamy Quorn Pie VEG  served with Cheesy Mashed Potatoes Peas and Sweetcorn  Mango Jelly Pot  FSA Allergy List 1,2,5,7,9 |
| **Tue** | Cuban Beef  or  Sweet Potato, Roasted Pepper and Chickpea Balls VEG  served with Rice, Seasonal Vegetables and Tortilla Crisp  Chocolate and Zucchini cake  FSA Allergy List 1,2,4,7,9,14 |
| **Wed** | Roast Chicken  or  Roast Quorn Lemon and Thyme Fillets VEG  served with Roasted Potatoes, Seasonal Vegetables, Cranberry and Orange Chutney and Homemade Gravy  Apple and Sultana Cookies  FSA Allergy List 1,2,9 |
| **Thu** | Spiced Lamb & Apricot Sausage  or  Red Leicester & Pumpkin Sausage VEG  served with Parmentier Potatoes, Seasonal Vegetables and a Homemade Tomato Sauce  Creamy Rice Pudding with a Fruit Compote  FSA Allergy List 1,2,7,9,14 |
| **Fri** | Turkey Fricassee  or  Quorn Fricassee VEG  served with Penne Pasta with Petits Pois and Seasonal Vegetables  Lemon Drizzle Cake  FSA Allergy List 1,2,4,7,9 |