Week 4

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| Day | Breakfast | Snack | Lunch | Snack | Tea | Snack |
| Mon  | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Turkey Parmigianaor Quorn Parmigiana VegServed with dressed tri colour Fusilli Pasta And Seasonal VegetablesApple and black cherry JellyFSA Allergy List 1,2,9 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Potato, Pea and Mint Soup VegServed with Homemade chunky Bread and CroutonsFresh Fruit and YoghurtFSA Allergy List 1,2,7,9 | Child Choice Cracker Snack |
| Tues | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Lamb and Mint Sausages or Red leister and pumpkin sausages VegServed with herby Parmenter Potatoes,Seasonal Vegetables and Homemade GravyBanana and Chocolate Marble CakeFSA Allergy List 1,2,4,9 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Thai ground Beef curry or Thai Quorn Curry VegServed with Rice, Peas and aCarrot and coriander nann breadFresh Fruit and YoghurtFSA Allergy List 1,2,9 | Child Choice Cracker Snack |
| Wed | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Minced Beef and Onion or Quorn and caramelized onion Veg cobbler topped pie Served with crushed New Potatoes Seasonal VegetablesCrackle TopsFSA Allergy List 1,2,4,7,9 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Tomato and Mascarpone Veg Pasta Bake with roasted red peppers Served with Cucumber slices Fresh Fruit and YoghurtFSA Allergy List 1,2,7,9 | Child Choice Cracker Snack |
| Thurs | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Buttered Chicken or Buttered Quorn VegServed with Pilau Rice, Cauliflower, Broccoli, Sugar Snap Peas and a homemade Garlic naan Pear and Sultana CakeFSA Allergy List 1,2,4,9,14 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Jacket Potatoes VegServed with Tuna and sweet corn Grated CheeseFresh Fruit And YoghurtFSA Allergy List 4,5,7,9 | Child Choice Cracker Snack |
| Fri | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Homemade Salmon and haddock Fish Cakes VegServed with Baked Beans,Peas and corn Danish SwirlsFSA Allergy List 1,2,5,9 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Homemade Pizza VegServed with Apple ColeslawFresh Fruit And YoghurtFSA Allergy List 1,2,4,7,9 | Child Choice Cracker Snack |
|  | Water/Fruit Juice | Milk/Water | Water | Milk/Water | Water/Fruit Juice | Water |
|  Water Is Available Throughout The Day, All Fruit Juice Is Diluted 50/50. Foods Highlighted Indicate - Pink = Protein Foods, Yellow = Starchy Foods,Green = Fruits And Vegetables, Blue = Dairy Foods, Purple = Deserts. Veg = Vegetarian Alternative Available.All Dietary Requirements Are Catered For Wherever Possible. Menu Is Subject To Change Depending On The Availability Of Ingredients, Seasonal Vegetables Are Used Although Substitutions May Be Made Where They Are Not Available.**Food Standard Agency (FSA) Allergy List:** 1 - Celery, 2 - Gluten(Ngci)- Crustaceans, 4 – Eggs, 5 – Fish, 6 – Lupin, 7 – Milk,8 – Molluscs, 9 – Mustard, 10 – Nuts, 11 – Peanuts, 12 – Sesame Seeds, 13 – Soya, 14 – Sulphur Dioxide |