Week 1

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| Day | Breakfast | Snack | Lunch | Snack | Tea | Snack |
| Mon | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Herb Crusted Oven Baked Fish Veg  Served with Crushed New Potatoes,  Seasonal Vegetables and a Homemade child friendly Tartar Sauce.  Lemon and Lime Drizzle Cake  FSA Allergy List 2,4,5 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Spinach and nut free Pesto  Pasta Bake Veg  served with homemade garlic  Dough Balls  Fresh Fruit And Yoghurt  FSA Allergy List 1,2,7 | Child Choice Cracker Snack |
| Tues | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Homemade Beef Meatballs  Or  red pepper and lentil balls Veg  served with Puttanesca Sauce, Spaghetti Pasta,  Seasonal Vegetables and homemade Crusty Bread.    Lemon and Raspberry Sponge Cake  FSA Allergy List 1,2,4, | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Cheese and Sweetcorn  Jacket Skins Veg  served with a summer salad and Sour Cream  Fresh Fruit And Yoghurt  FSA Allergy List 7 | Child Choice Cracker Snack |
| Wed | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Chicken Tikka Masala  or  Quorn Tikka Masala Veg  Served with Braised Rice, Spinach, Green Beans, Cauliflower and a homemade Carrot and coriander Naan Bread.  Apple and blueberry crumble cake  FSA Allergy List 2,4,9,14 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Child friendly Arabiatta sauce Veg  served with penne pasta and a Homemade olive focaccia Bread  Fresh Fruit And Yoghurt  FSA Allergy List 1,2,9 | Child Choice Cracker Snack |
| Thurs | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Lamb Tagine  or  Quorn Tagine Veg  Served with Lightly spiced Cous Cous,  Carrot, Cauliflower, Peas and sweetcorn.  Fruity Flatbread.  Mango Jelly pot  FSA Allergy List 2,9,14 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | BBQ Chicken and roasted pepper  or  sweet potato and haloumi Veg  hot Wraps  served with cucumber slice Sweetcorn Salsa  Fresh Fruit And Yoghurt  FSA Allergy List 1,2,7 | Child Choice Cracker Snack |
| Fri | A Choice of Toasted Homemade Breads and Spreads, and Cereals with Milk and A Selection of Fresh Fruit | Fresh Fruit Platter | Roast Pork Loin  or  Char-grilled lemon thyme Quorn fillet Veg  Served with Apple Sauce, Roasted Potatoes,  Seasonal Vegetables and Homemade Gravy.  Homemade Custard Creams  FSA Allergy List 1,2,7,9 | Fresh Fruit, Vegetable, Cheese and Cracker Platter | Cauliflower Cheese Soup Veg  Served with  Homemade chunky Bread and oven baked Croutons  Fresh Fruit And Yoghurt  FSA Allergy List 1,2,7,9 | Child Choice Cracker Snack |
|  | Water/Fruit Juice | Milk/Water | Water | Milk/Water | Water/Fruit Juice | Water |
| Water Is Available Throughout the Day, All Fruit Juice Is Diluted 50/50. Foods Highlighted Indicate - Pink = Protein Foods, Yellow = Starchy Foods,  Green = Fruits and Vegetables, Blue = Dairy Foods, Purple = Deserts. Veg = Vegetarian Alternative Available.  All Dietary Requirements Are Catered for Wherever Possible. Menu Is Subject to Change Depending on The Availability of Ingredients, Seasonal Vegetables Are Used Although Substitutions May Be Made Where They Are Not Available.  **Food Standard Agency (FSA) Allergy List:** 1 - Celery, 2 - Gluten(Ngci)- Crustaceans, 4 – Eggs, 5 – Fish, 6 – Lupin, 7 – Milk,  8 – Molluscs, 9 – Mustard, 10 – Nuts, 11 – Peanuts, 12 – Sesame Seeds, 13 – Soya, 14 – Sulphur Dioxide | | | | | | |